**What is Close Contact?** Your child is a “close contact” if ANY of the following situations happened to them while they spent time with a person with a confirmed case of COVID-19.

* HAD DIRECT PHYSICAL CONTACT WITH THE PERSON (hug, kiss, handshake etc.)
* WERE WITHIN 6 FEET OF THE PERSON FOR MORE THAN 15 MINUTES
* HAD CONTACT WITH THE PERSONS RESPIRATORY SECRETIONS (SHARED DRINKING GLASS)
* STAYED OVERNIGHT FOR AT LEAST ONE NIGHT IN A HOUSEHOLD WITH THE PERSON

**SCENARIO 1** – **SOMEONE IN YOUR HOUSEHOLD (SPOUSE, CHILD ETC) IS POSITIVE FOR COVID 19** - YOUR CHILD SHOULD STAY HOME. ZOOM CLASSES AND AT HOME WORKSHEETS ARE AVAILABLE. QUARANTINE FOR 14 DAYS AND WATCH FOR SYMPTOMS. IF YOU HAVE SYMPTOMS FOLLOW THE ILLNESS GUIDE. IF NO SYMPTOMS, RETURN TO DANCE AFTER QUARANTINE.

**SCENARIO 2** – **MY CHILD’S AUNT (CLOSE CONTACT) IS COVID 19 POSITIVE AND MY CHILD ATE WITH HER YESTERDAY (MY CHILD WAS WITHIN 6 FEET OF HER FOR MORE THAN 15 MINUTES) -** YOUR CHILD SHOULD STAY HOME. ZOOM CLASSES AND AT HOME WORKSHEETS ARE AVAILABLE. QUARANTINE FOR 14 DAYS AND WATCH FOR SYMPTOMS. IF YOU HAVE SYMPTOMS FOLLOW THE ILLNESS GUIDE. IF NO SYMPTOMS, RETURN TO DANCE AFTER QUARANTINE.

**SCENARIO 3** – **MY CHILD’S AUNT IS COVID 19 POSITIVE AND MY CHILD SPENT TIME WITH HER YESTERDAY BUT KEPT A 6 FOOT DISTANCE.** YOU CAN RETURN TO DANCE, PRACTICE DISTANCING, MASKING AND MONITORING FOR SYMPTOMS.

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ILLNESS GUIDE – PLEASE KEEP YOUR CHILD HOME IF YOU ARE EXPERIENCING ANY OF THESE SYMPTOMS

**SYMPTOMS –**

FEVER COUGH SHORTNESS OF BREATH FATIGUE

HEADACHE MUSCLE/BODY ACHES SORE THROAT CONGESTION

NAUSEA VOMITING LOSS OF TASTE LOSS OF SMELL

**DID YOUR CHILD GET TESTED FOR COVID?**

**NEGATIVE RESULT** – YOUR CHILD SHOULD REMAIN HOME UNTIL SYMPTOM FREE FOR 24 HOURS WITHOUT MEDICINE **OR** IF EXPOSED UNTIL THEIR 14 DAY QUARANTINE HAS EXPIRED

**POSITIVE RESULT** – YOU SHOULD REMAIN AT HOME UNTIL AT LEAST 10 DAYS SINCE SYMPTOM ONSET **AND** AT LEAST 24 HOURS SINCE RESOLUTION OF FEVER WITHOUT MEDICINE **AND** OTHER SYMPTOMS ARE GONE.

**IF YOUR CHILD DID NOT GET TESTED BUT HAS SYMPTOMS** – YOU SHOULD QUARANTINE FROM DANCE/TUMBLING FOR 14 DAYS AND NOT RETURN UNTIL SYMPTOMS ARE GONE FOR 24 HOURS **OR** GET CLEARANCE FROM A MEDICAL PROVIDER BEFORE RETURNING TO DANCE/TUMBLING